

Day	Date	Day	Miles	KM	Time	Start	End	Comments
277	01-Dec	Tuesday	73.46	117.536	9	Ciudad Del Esta	Ciudad Del Esta	Continues rolling hills, just up and down all day, no flat for more than 2 miles. Overcast so nice cycling weather. Glad this country is at a end.
278	02-Dec	Wednesday		0		Ciudad Del Esta	Ciudad Del Esta	02/12/15 to 4/12/15 13.77 miles in and out of Brazil to visit the sites and get some decent food. 3 hours.
279	03-Dec	Thursday		0		Ciudad Del Esta	Ciudad Del Esta	"
280	04-Dec	Friday		0		Ciudad Del Esta	Ciudad Del Esta	"
281	05-Dec	Saturday	101.26	162.016	11	Ciudad Del Esta	Maria Auxiliadora	Good to get going again. Still plenty of hills but got some decent downhill too. Long tiring day but glad we did the millage.
282	06-Dec	Sunday	77.98	124.768	11	Maria Auxiliadora	Encarnacion	Legs were stiff from previous day and no food so it made today very tough that's before the huge hills on route and the headwind, still made it but a very tough day.
283	07-Dec	Monday	57.03	91.248	15	Encarnacion	Sao Borja	Long tough day, wind and climbs and then had to hitch a ride to Brazil, little hassle at border as bikes not allowed through, but sorted easily enough, cycling late into darkness and nothing to eat all day. But sorted now.
284	08-Dec	Tuesday	60.86	97.376	7	Sao Borja	Itaqui	Late start, decent tailwind, rolling hills, very manageable, got very hot in late afternoon.
285	09-Dec	Wednesday	65.64	105.024	12	Itaqui	Urugaiana	Good early start, then stuck waiting for rain to clear for 5 hours. Decent enough progress.
286	10-Dec	Thursday		0		Urugaiana	Urugaiana	
287	11-Dec	Friday	55	88	6	Urugaiana	Bella Union (Uruguay)	Country 33. Late start after day off from sickness, but recovered well to cycle gently with a tail wind into Uruguay. Got a little hassle from police which was silly and fun, met Argentinean cycled who is with us now.

288	12-Dec	Saturday	94.37	150.992	11	Bella Union (Uruguay)	Concordia (Argentina)	Country 34. Hot start with good tail wind, zero stops for drinks on way for 85 miles, was very hot mid day and then late in afternoon overcast with a serious thunderstorm as we entered Argentina. Very windy and hazardous rain at end.
289	13-Dec	Sunday	81.46	130.336	10	Concordia (Argentina)	Coln	Tough start due to very little sleep, cus power outage due to storm, so room was very hot and humid with mosquitoes. Tiring day of cycling but tailwind and flat roads helped. The end is very near now.
290	14-Dec	Monday	117.02	187.232	11	Coln	Ceibas	Good start with Sun beating down. Then thunderstorms threatened so we out raced the clouds. Tail wind at first but then turned to headwind, tough ending. entering Buenos Aires with 28 miles to go! Thoughts and prays please as I've entered the last day to complete this challenge.
291	15-Dec	Tuesday	51.09	81.744	4	Ceibas	Buenos Aires	12,000 miles complete! Cycled into central on big busy highways. Helped repair a motorbike tyre on way. At 12014 miles now.
Total this month			835.17	1336.27	107.00			
Total so far			12014.77	19223.69	1453.10			